

Bio- Coach Coy

Name: Jeff Coy – “Coach Coy”

Education: Bachelors of Science - Sports Medicine

College: Marietta College, Marietta, OH

Coaching: 15 years

Rowing-competitively: 7 years

Rowing Experience: 14 years

Rowing Bio: Marietta College, Hartford Barge Club, Harvard University- Newell BH

Coaching Bio:

- Harvard University - Cambridge, MA -- 3 years
- Rocket City Rowing Club , Huntsville, AL – 4 years
- ETRO- East Tennessee Rowing Organization – 1 year
- Huntsville- Madison County Rowing & Watersports – Huntsville , AL 2014-Present

Coach Coy began Rowing in 1983 as a sophomore at Marietta College, OH. Rowed Varsity Lightweight & Open weight class for 3 years. Gold Medal Lightweight 8+ in Dad Vail Regatta National Championships, Men’s Team Captain 2 years, Recipient of the Ralph Lindamood Outstanding Oarsman Award. Following Marietta Coy spent time at the Hartford Barge Club training in 1x, 2x - becoming proficient in sculling disciplines. At Harvard he continued training in the 1x, 2- and 8+ rowed out of Newell Boathouse while simultaneously trained and competed in Marathons and Triathlons.

While at Harvard Coach Coy mentored under the legendary Coach Harry Parker as an assistant Coach with the Men’s Heavyweight Team. He studied in all facets of Coaching – recruiting, training, racing, scheduling, safety, boat repair/rigging, regattas/racing and officiating. He assisted in coaching National Championship winning crews at the Eastern Sprints, Head of the Charles, Empire State Games, the Harvard - Yale Race and took crews internationally (Henley Royal Regatta).

Upon his arrival in Huntsville Coy was appointed as the Youth Program Director and Youth Head Coach of the Rocket City Rowing Club. At this time the program had 15 youth participants, an aging fleet of equipment and had experienced limited success. During his tenure of 4 years, Coach Coy and his coaches the program to 70 Youth, fundraised to purchased over \$65k worth of new equipment, achieved success at both Regional and National levels. He, with the help of his assistant coaches assisted numerous athletes in receiving athletic scholarship’s to some of our country’s premier Colleges and Universities.

Following RCRC Coach Coy transitioned to ETRO in Maryville, TN as a Program Director of both Adult and Youth Rowing. Here he established policies, procedures, recruiting plans and grew the program from 30 to 60 athletes in a single year.

Following a transition back to Huntsville, AL Coach Coy founded a Youth only Rowing program that would serve the local community without the inherent issues surrounding a Board driven combined Adult and Youth program. He established Huntsville-Madison County Rowing & Watersports, LLC. mid 2014 and has been prospering by serving Youth in the Huntsville area since 2015. Since its inception he and his Coaches has taken numerous crews to Regional Championships and National Championships with success at each. His program consistently serves Homeschool programs and well as 5 to 10 local Middle and High Schools. In addition to “Row Huntsville” Coach Coy personally founded a non-profit (the [Youth Rowing Foundation](#)) which provides free rowing opportunities and scholarships to organizations such as Big Brothers & Sister, the Boys and Girls Club and Girls, Inc. It also supports various Alabama Youth Rowing programs in their efforts to grow and develop.

He is a graduate of the inaugural USRowing Coaching College, he is also a certified USRowing Level 1, Level 2 and Level 3 Coach, additionally he holds 3-USRowing Advance Coaching certifications. He has been the Southeast Youth Rowing Regional Coaches Representative for Alabama and Mississippi. He is certified in Safe Sport Youth Protection initiative, CPR, First Aid and AED, and earned a Bachelors of Science degree in Sports Medicine.

Coach Coy has been blessed with a wife of 26 years and 2 wonderful boys ages 23 and 20 whom both rowed and achieved Regional/National success. He is an active member of a local Huntsville Church, an enthusiastic baseball, soccer and rowing parent, as well as, an avid reader.

Jeff Coy’s primary profession is Residential Real Estate – Buyers agency, Sellers or Listing agency, custom home building, restoring and renovating properties, owning rental properties and land development.

- [Jeff Coy Real Estate, LLC.](#) and [Alabama Log & TimberFrame](#)